



James J. Tedesco III
County Executive

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DEPARTMENT OF HUMAN SERVICES
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Director

DIVISION OF SENIOR SERVICES
Lorraine Joewono
Director



For Your Information...

KEY TELEPHONE NUMBERS

Division of Senior Services
Bergen ADRC (formerly NJ EASE)
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

Bergen County
Board of Social Services
(201) 368-4200

WALLINGTON SENIOR ACTIVITY CENTER

Agta Dressler , Director
24 Union Blvd.
Wallington , NJ, 07057
Phone: (973) 777-5815 • Fax (973) 777-5134

wallingtoncenter@bergencountynj.gov

Open: Monday - Friday, 8:00AM - 3:30PM



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**Wallington Senior Activity Center
Bergen County Department of Human Services
Division of Senior Services/ADRC
June 2025**

June 4	Rock Painting <i>w/ Second grade Students from the Jefferson School Annex</i>	10:00AM- 11:00AM
June 6	National Repeat Day, <i>I liked it so much I had to say it twice !</i>	11:00AM- 12:00 PM
June 9	Presentation: Emergency Preparedness <i>w/ Agata Halat</i>	10:00AM
June 9	Total Brain Health Class <i>w/ Agata Halat</i>	12:00PM
June 11	Tree Flags Craft <i>w/ Donna Skrenta</i>	All Day
June 13	Fathers Day Celebration <i>Enjoy a delicious hot breakfast at the center</i>	10:00AM- 11:00AM
June 18	Enjoy the Outdoors at Samuel Nelkin County Park <i>w/ lunch & activities</i>	10:00AM- 1:00PM
June 20	Center Closed– Juneteenth Observed	CLOSED
June 30	Presentation: The Secret Life of Bees <i>Enjoy informative presentation about bees and honey w/ Jim Fedorko</i>	11:45AM

The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act, and are available at no charge for Bergen County residents 60 years old and over.




Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.



Senior Festival

Thursday, September 18, 2025
Rain Date: Thursday, September 25, 2025
10:00AM - 2:00PM
Van Saun County Park, Paramus



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 10:00 Knitting & Crocheting 10:30 Zumba Gold 12:15 Diamond Art Roast Turkey with Swiss Cheese		3 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art Hawaiian Chicken		4 8:00 Walmart Shopping 10:00 <u>Rock Painting</u> 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts Pork Tenderloin with Gravy		5 10:00 <u>Blood Pressure Screenings</u> 10:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise Seafood Salad Platter		6 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 <u>National Repeat Day</u> 11:00 Informal Art - Painting 12:15 Bingo Chicken Cordon Bleu	
9 10:00 <u>Presentation: Emergency Preparedness</u> 10:00 Knitting & Crocheting 10:30 Zumba Gold 12:00 <u>Total Brain Health Class</u> 12:15 Diamond Art Stuffed Peppers		10 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art Tuna Noodle Salad		11 <u>Flag Craft</u> 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts Turkey Tacos		12 10:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise Chicken Florentine		13 10:00 <u>Father's Day Celebration</u> 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:15 Bingo Eggplant Parmesan	
16 10:00 Knitting & Crocheting 10:30 Zumba Gold 12:15 Diamond Art Chicken Fettucine Alfredo		17 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art Homestyle Meatloaf with Gravy		18 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:00 <u>Enjoy the Outdoors at Samuel Nelkin County Park</u> 10:30 Active Adult Exercise 12:15 Arts & Crafts Jamaican Jerk Chicken Leg		19 10:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise BBQ Pulled Pork Sandwich		 Center Closed	
23 10:00 Knitting & Crocheting 10:30 Zumba Gold 12:15 Diamond Art Stuffed Cabbage		24 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art Ham Steak with Pineapple		25 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts Chicken Parmesan		26 10:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise Chef Salad		27 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:15 Bingo Pot Roast with Gravy	
30 10:00 Knitting & Crocheting 10:30 Zumba Gold 11:45 <u>Presentation: Secret Life of Bees</u> 12:15 Diamond Art Korean BBQ Chicken Leg								Suggested Lunch Donation: \$1.25 Per Meal Please reserve lunch by 11:30 AM the day before Lunch will Be Served at 11:30 Daily	