



James J. Tedesco III  
County Executive

**BOARD OF COUNTY COMMISSIONERS**

Mary J. Amoroso  
Chairwoman

Steven A. Tanelli  
Vice Chairman

Dr. Joan M. Voss  
Chair Pro Tempore

Rafael Marte  
Germaine M. Ortiz  
Thomas J. Sullivan  
Tracy Silna Zur

DEPARTMENT OF HUMAN SERVICES  
Melissa H. DeBartolo, Esq.  
Director

DIVISION OF SENIOR SERVICES  
Lorraine Joewono  
Director



**For Your Information...**

**KEY TELEPHONE NUMBERS**

Division of Senior Services  
Bergen ADRC (formerly NJ EASE)  
(201) 336-7400  
1-(877) 222-3737

Meals on Wheels  
(201) 336-7420

Bergen County Housing Authority  
(201) 336-7600

Community Transportation  
(201) 368-5955

Division of Disability Services  
(201) 336-6500

Bergen County  
Board of Social Services  
(201) 368-4200

**WALLINGTON SENIOR ACTIVITY CENTER**

**Agata Dressler, Director**  
**24 Union Blvd.**  
**Wallington, NJ 07057**

Phone: (973) 777-5815 • Fax( 973) 777-5134  
[wallingtoncenter@bergencountynj.gov](mailto:wallingtoncenter@bergencountynj.gov)

Open: Monday - Friday, 8:00AM - 3:30PM



James J. Tedesco III, County Executive

**Wallington Senior Activity Center**  
**Bergen County Department of Human Services**  
**Division of Senior Services/ADRC**  
**July 2025**

July 3	Red, White and Blue Day – wear your red white & blue. The day will be filled with patriotic treats & activities	All Day
July 4	Center Closed– 4th of July	CLOSED
July 7	Total Brain Health w/ Agata Halat	12:15PM
July 7-11	3D Community Sunflower Project (All week long) w/ Donna Skrenta	ALL DAY
July 11	Pet Picture Day – Bring you favorite photos of you your pets and let's exchange stories!	10:00AM- 11:00AM
July 17	National Tattoo Day – temporary tattoos, and learning the significance of tattoos through out history	All Day
July 18	Jeopardy w/ Agata Halat	10:00AM
July 24	Tell a Joke Day – step up to the microphone & make us laugh	10:00AM - 11:00AM
July 28	Presentation: Emergency Preparedness hand held radio giveaway w/ Agata Halat	11:15AM



**Senior Festival**


Thursday, September 18, 2025  
Rain Date: Thursday, September 25, 2025  
10:00AM - 2:00PM  
Van Saun County Park, Paramus



The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act, and are available at no charge for Bergen County residents 60 years old and over.



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art  Egg Salad Platter with Spinach	2 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts  Roast Turkey with Gravy	3 <u>Red, White &amp; Blue Day</u> <u>Wear Red, White and Blue</u> 10:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise  Beef Hot Dogs	  Center Closed
7 <u>3D Community Sunflower Project</u> 10:00 Knitting & Crochet 10:30 Zumba Gold 12:15 <u>Total Brain Health Class</u>  Hawaiian Chicken	8 <u>3D Community Sunflower Project</u> 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art  Stuffed Peppers	9 <u>3D Community Sunflower Project</u> 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts  Tuna Noodle Salad over Spinach	10 <u>3D Community Sunflower Project</u> 10:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise  Stuffed Shells	11 <u>3D Community Sunflower Project</u> 10:00 Senior Fitness 10:00 <u>Pet Pictures &amp; Stories</u> 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo  Cheeseburger
14 9:30 <u>Blood Pressure Screening</u> 10:00 Knitting & Crocheting 10:30 Zumba Gold  Chicken Cordon Bleu	15 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art  Salisbury Steak with Gravy	16 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts  BBQ Pulled Pork Sandwich	17 <u>National Tattoo Day</u> 10:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise  Chicken Parmesan	18 10:00 Senior Fitness 10:00 Knitting & Crocheting 10:00 <u>Jeopardy</u> 11:00 Informal Art-Painting 12:00 Bingo  Seafood Salad with Mixed Greens
21 10:00 Knitting & Crocheting 10:30 Zumba Gold  Homestyle Meatloaf with Gravy	22 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art  Cheese Omelet	23 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts  Eggplant Rollatini	24 10:00 ShopRite Shopping 10:00 <u>Tell a Joke Day</u> 10:30 Chair Yoga 12:00 Chair Flow Exercise  Turkey and Swiss	25 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo  Korean BBQ Chicken Leg
28 10:00 Knitting & Crocheting 10:30 Zumba Gold 11:15 <u>Presentation:</u> <u>Emergency Preparedness</u>  Beer Battered Fish	29 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art  Chicken Florentine	30 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts  Chef Salad	31 10:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise  Roast Pork with Gravy	  Suggested Lunch Donation: \$1.25 Per Meal Please reserve lunch by 11:30 AM the day before  Lunch will Be Served at 11:30 Daily