

COUNTY OF BERGEN

DEPARTMENT OF HUMAN SERVICES DIVISION OF DISABILITY SERVICES

Providing Programs and Services for Over 40 Years
One Bergen County Plaza, 2nd Floor · Hackensack, NJ 07601-7076
(201) 336-6500 TTY (201) 336-6505 FAX (201) 336-6510

James J. Tedesco, III County Executive

Melissa H. DeBartolo, Esq. Director, Department of Human Services

Anika S. Davis, Ed.S. *Director, Division of Disability Services*

IN-HOME CAREGIVER EDUCATION & SUPPORT PROGRAM

This Program is a <u>FREE SERVICE</u> designed for people currently caring for family members & loved ones.

After a free initial assessment, a teaching plan is developed with a Registered Nurse, enabling caregivers to set goals and acquire the skills necessary for providing care.

The caregiver may receive a limited number of home visits from the following disciplines:

- > Physical Therapist
- > Speech Therapist
- Occupational Therapist
- Registered Dietician
- ➤ Licensed or Certified Social Worker (for Stress Management Counseling)

For eligibility and program information contact:

Daniel S. Kotkin, Program Coordinator Phone: 201-336-6504

TTY: 201-336-6505 Fax: 201-336-6510

Email: dkotkin@bergencountynj.gov

*Funding provided by the Bergen County Division of Senior Services. Services are available at no cost to the participant.