



COUNTY OF BERGEN
DEPARTMENT OF HUMAN SERVICES
DIVISION OF DISABILITY SERVICES

Providing Programs and Services for Over 40 Years
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PERSONAL ASSISTANCE SERVICES PROGRAM (PASP) FACT SHEET

What Is the Personal Assistance Services Program?

The Personal Assistance Services Program, (PASP) provides routine, non-medical personal care assistance to adults with permanent physical disabilities, who are 18 years of age or older, who are employed, preparing for employment, attending school or Involved In community volunteer work and who are able to self direct and supervise their own services. The goal of this program is to support individuals with physical disability so that they may remain active participants in their community. The PASP offers participants choice, flexibility, control, and the opportunity to manage their own personal care services.

Here's how the PASP works:

A needs assessment is conducted to determine the number of hours a participant will receive. The hours are then converted to a monthly budget. With assistance from the County coordinator, participants develop a cash management plan (CMP) outlining exactly how their monthly budgets will be spent. The CMP includes details such as who they will hire, what services will be provided and what rates each worker will be paid. A fiscal intermediary services organization then distributes the monthly budget to purchase services as identified in the CMP.

What are Personal Assistant Services and who provides them?

Personal assistants are individuals with training or related experience in providing in-home services, who directly assist a person with a disability in carrying out routine non-medical tasks. Such as bathing, dressing, transfer to a wheelchair, meal preparation, laundry, shopping, household management, and transportation. On the other hand, the PASP participants can choose to hire friends, neighbors, family, independent employees or agency services.

What is the financial eligibility criterion?

- ▶ Individuals who have Medicaid or who may qualify for Medicaid are not eligible for the PASP program.
- ▶ Individuals who qualify under the current Social Services Block Grant (SSBG) guidelines receive the services at no cost. Those with incomes in excess of those guidelines are expected to contribute toward the cost of their services based on a sliding scale (Cost- Share).

Eligible applicants must:

- ▶ Reside in New Jersey
- ▶ Have a permanent physical disability and require assistance with activities of daily living
- ▶ be 18 years of age or older
- ▶ live in the community
- ▶ be capable of directing and supervising their own services
- ▶ be employed, preparing for employment through a vocational training program, in school, or actively volunteering in the community for a minimum of 20 hours per month.

Who will administer this program?

The PASP for Bergen County and Hudson County is administered through the Bergen County Division of Disability with oversight and funding provided by the State of New Jersey Department of Human Services, Division of Disability Services.

For further information on the Bergen/ Hudson PASP, please contact:

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