



James J. Tedesco III  
County Executive

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DEPARTMENT OF HUMAN SERVICES  
Melissa H. DeBartolo, Esq.  
Director

DIVISION OF SENIOR SERVICES  
Lorraine Joewono  
Director



**For Your Information...**

**KEY TELEPHONE NUMBERS**

Division of Senior Services  
Bergen ADRC (formerly NJ EASE)  
(201) 336-7400  
1-(877) 222-3737

Meals on Wheels  
(201) 336-7420

Bergen County Housing Authority  
(201) 336-7600

Community Transportation  
(201) 368-5955

Division of Disability Services  
(201) 336-6500

Bergen County  
Board of Social Services  
(201) 368-4200

**WALLINGTON**  
**SENIOR ACTIVITY CENTER**

Agta Dressler, Director  
24 Union Blvd  
Wallington, NJ, 07057  
Phone: (973)-777-5815 • Fax 973-777-5134

[wallingtoncenter@bergencountynj.gov](mailto:wallingtoncenter@bergencountynj.gov)

Open: Monday - Friday, 8:00AM - 3:30PM



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**Wallington Senior Activity Center**  
**Bergen County Department of Human Services**  
**Division of Senior Services/ADRC**  
**September 2025**

September 1	Labor Day – CENTER CLOSED	All Day
September 5	Walk In The Park w/ Sophie Take a leisurely walk in Samuel Nelkin County Park	9:00AM
September 5	Read a Book Day trip to Wallington Veterans Memorial Discover all the wonderful resources the library has to offer, then stay awhile to enjoy coffee & cake with us.	12:00PM-1:30PM
September 8	National Senior Center Month Celebration Join us as we honor the past, celebrate the present, and look ahead to the future in recognition of National Senior Month	All Day
September 8	Total Brain Health Class w/ Agata Halat	12:00PM
September 11	International Chocolate Day Lets make some delicious chocolates together	9:00AM-11:30AM
September 17	Fun Arts and Crafts on a Hat Bring a boring fall hat and make it fabulous !	12:15PM
September 18	Annual Senior Festival at Van Saun Park Paramus N.J <b>Registration Required.</b> Please call 973-777-5815 to RSVP.	10:00AM-2:00PM
September 22	POW/ MIA Recognition Ceremony w/ Bergen County Veterans Services	10:00AM
September 22	Hand Massages w/ Agata Halat	12:00PM
September 25	Wear pink to recognize Stand Up To Cancer Day	All Day

The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act, and are available at no charge for Bergen County residents 60 years old and over.



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.



**Senior Festival**

Thursday, September 18, 2025



Rain Date: Thursday, September 25, 2025

10:00AM - 2:00PM

Van Saun County Park, Paramus

When traveling to the Senior Festival we encourage everyone to carpool or use Bergen County Community Transportation.

For more information, please contact  
Community Transportation at  
(201) 368-5955.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div><p>Center Closed</p></div>	<div><p>2</p><p>10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art 12:00 Bingo</p><p>Stuffed Cabbage</p></div>	<div><p>3</p><p>8:00 Walmart Shopping 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</p><p>Korean BBQ Chicken Leg</p></div>	<div><p>4</p><p>8:00 ShopRite Shopping 9:30 <u>Blood Pressure Screening</u> 10:30 Chair Yoga 12:00 Chair Flow Exercise</p><p>Tuna Noodle Salad</p></div>	<div><p>5</p><p>9:00 <u>Walk In The Park</u> 10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 12:00 Bingo 12:00 <u>National Read Book Day</u></p><p>Salisbury Steak</p></div>
<div><p>8</p><p><u>National Senior Center Month</u> 10:00 Knitting &amp; Crocheting 10:00 Diamond Art 10:30 Zumba Gold 12:00 <u>Total Brain Health Class</u></p><p>Chicken Stir Fry w/ Peppers &amp; Onions</p></div>	<div><p>9</p><p>10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art 12:00 Bingo</p><p>Pork Tenderloin w/ Gravy</p></div>	<div><p>10</p><p>8:00 Walmart Shopping 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</p><p>Lemon Caper Fish</p></div>	<div><p>11</p><p>8:00 ShopRite Shopping 9:00 <u>International Chocolate Day</u> 10:30 Chair Yoga 12:00 Chair Flow Exercise</p><p>Roast Turkey &amp; Swiss</p></div>	<div><p>12</p><p>10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 12:00 Bingo</p><p>Italian Meatballs w/ Tomato Sauce</p></div>
<div><p>15</p><p>10:00 Knitting &amp; Crocheting 10:30 Zumba Gold 10:00 Diamond Art</p><p>BBQ Pulled Pork Sandwich</p></div>	<div><p>16</p><p>10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art 12:00 Bingo</p><p>Cheese Omelet</p></div>	<div><p>17</p><p>8:00 Walmart Shopping 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 <u>Arts &amp; Crafts on Hats</u></p><p>Beef Teriyaki</p></div>	<div><p>18</p><p><u>Senior Festival at Van Saun</u> 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise</p><p>Cheese Ravioli</p></div>	<div><p>19</p><p>10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 12:00 Bingo</p><p>Chicken Piccata</p></div>
<div><p>22</p><p>10:00 Knitting &amp; Crocheting 10:30 Zumba Gold 10:00 Diamond Art 10:00 <u>POW/ MIA Recognition Ceremony</u> 12:00 <u>Hand Massages</u></p><p>Homestyle Meatloaf</p></div>	<div><p>23</p><p>10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art 12:00 Bingo</p><p>Egg Salad over Spinach</p></div>	<div><p>24</p><p>8:00 Walmart Shopping 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</p><p>Stuffed Peppers</p></div>	<div><p>25</p><p><u>Stand Up To Cancer Day and wear Pink</u> 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise</p><p>Cheeseburger</p></div>	<div><p>26</p><p>10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 12:00 Bingo</p><p>Korean Beef</p></div>
<div><p>29</p><p>10:00 Knitting &amp; Crocheting 10:30 Zumba Gold 10:00 Diamond Art</p><p>Chicken Fajitas</p></div>	<div><p>30</p><p>10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art 12:00 Bingo</p><p>Chicken Cordon Bleu</p></div>	<div></div>	<div><p>Suggested Lunch Donation: \$1.25 Per Meal Please reserve lunch by 11:30 AM the day before</p><p>Lunch will Be Served at 11:30 Daily</p></div>	<div><p>When traveling to the Senior Festival we encourage everyone to carpool or use Bergen County Community Transportation.</p><p>For more information, please contact Community Transportation at (201) 368-5955.</p></div>