



James J. Tedesco, III
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Director

Division of Senior Services
Lorraine Joewono
Director

The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act, and are available at no charge for Bergen County residents 60 years old and over.



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.

Key Telephone Numbers

Division of Senior Services
Bergen ADRC (formerly NJ EASE)
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

**Bergen County
Board of Social Services**
(201) 368-4200

Wallington Senior Activity Center

Agata Dressler, Director
24 Union Blvd
Wallington, NJ, 07057
Phone: (973) 777-5815 • Fax (973) 777-5134

wallingtoncenter@bergencountynj.gov

Open: Monday-Friday, 8:00 AM - 3:30 PM



BERGEN NEW JERSEY
County James J. Tedesco III, County Executive

Wallington Senior Activity Center
Bergen County Department of Human Services
Division of Senior Services/ADRC
February 2026



February 3, 10,17,24	Movies - Romance and Laughter All Month	12:00 PM
February 4	Valentine's Day Heart Project w/ Agata Halat	10:00 AM
February 6, 13	Paint & Sip Paint & Sip Warm Toddy (mocktail)	10:00 AM - 11:30 AM
February 11	Craft w/ First Graders from Jefferson Annex School	10:00 AM
February 13	Valentine's Day Observance	All Day
February 13	Get a Different Name Day A playful way to try a new name	All Day
February 16	Center Closed – Presidents Day	All Day
February 20	Love Your Heart - Valentine's Day Wellness Event w/ Sarah Bombino, MPH, CHES	11:45 AM
February 23	Floral Design: Learn the Art of Flower Arrangements w/ Christine Wargacki, Metropolitan Plant Exchange <i>Registrations required only 10 seats available</i>	10:00 AM - 11:00 AM

Caregivers Conference

Thursday, April 9th
5:00 PM - 9:00 PM
Bergen County Administration Building
Multi-Purpose Room



To RSVP Call 201-336-7400 or
Email seniors@bergencountynj.gov

**Public Hearing
on the
Needs of Older Adults**

Tuesday, May 12th
8:30 AM - 11:30 AM
Bergen County Administration Building
Public Meeting Room (5th floor)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo Korean BBQ Chicken	3 10:30 Chair Yoga 12:00 Diamond Art 12:00 <u>Movie</u> Ham Steak with Pineapple	4 8:00 Walmart Shopping 10:00 <u>Valentine's Day Project</u> 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts Roast Turkey and Cheddar	5 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Italian Meatballs	6 10:00 Paint & Sip 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo Stuffed Cabbage
9 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo Salisbury Steak	10 10:30 Chair Yoga 12:00 Diamond Art 12:00 <u>Movie</u> Chicken Florentine	11 8:00 Walmart Shopping 10:00 <u>Craft w/ Students</u> 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts Chicken Cordon Bleu	12 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Egg Salad Platter	13 10:00 Paint & Sip 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo Chicken Parmesan
16  Center Closed	17 10:30 Chair Yoga 12:00 Diamond Art 12:00 <u>Movie</u> Sesame Chicken	18 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts Cheese Omelet	19 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Cheeseburger	20 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 11:45 <u>Love Your Heart Presentation</u> 12:15 Bingo Breaded Fish Filet
23 10:00 <u>Floral Design Day</u> 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo Chicken Tikka Masala	24 10:30 Chair Yoga 12:00 Diamond Art 12:00 <u>Movie</u> Stuffed Peppers	25 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts Sliced Pork Loin	26 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Pot Roast	27 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo Seafood Salad
 HAPPY VALENTINE'S DAY	 Valentine's Day	 FEBRUARY IS HEART HEALTH MONTH	Continental Breakfast <i>Bagels served On Fridays 9:00 AM - 11:30 AM</i> 	Suggested Lunch Donation: \$1.25 Per Meal Please reserve lunch by 11:30 AM the day before Lunch will Be Served at 11:30 AM Daily