



**James J. Tedesco, III**  
*County Executive*

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**Department of Human Services**

**Melissa H. DeBartolo, Esq.**  
*Director*

**Division of Senior Services**  
**Lorraine Joewono**  
*Director*

**Key Telephone Numbers**

**Division of Senior Services**  
**Bergen ADRC (formerly NJ EASE)**  
(201) 336-7400  
1-(877) 222-3737

**Meals on Wheels**  
(201) 336-7420

**Bergen County Housing Authority**  
(201) 336-7600

**Community Transportation**  
(201) 368-5955

**Division of Disability Services**  
(201) 336-6500

**Bergen County**  
**Board of Social Services**  
(201) 368-4200

**Wallington Senior Activity Center**

**Agata Dressler, Director**  
**24 Union Blvd**  
**Wallington, NJ, 07057**  
**Phone: (973) 777-5815 • Fax (973) 777-5134**

**wallingtoncenter@bergencountynj.gov**

**Open: Monday-Friday, 8:00 AM - 3:30 PM**



**BERGEN NEW JERSEY**  
*County*

James J. Tedesco III, County Executive

**Wallington Senior Activity Center**  
**Bergen County Department of Human Services**  
**Division of Senior Services/ADRC**  
**February 2026**



<b>February 3, 10,17,24</b>	<b>Movies - Romance and Laughter All Month</b>	<b>12:00 PM</b>
<b>February 4</b>	<b>Valentine's Day Heart Project</b> <i>w/ Agata Halat</i>	<b>10:00 AM</b>
<b>February 6, 13</b>	<b>Paint &amp; Sip</b> <i>Paint &amp; Sip Warm Toddy (mocktail)</i>	<b>10:00 AM - 11:30 AM</b>
<b>February 11</b>	<b>Craft w/ First Graders from Jefferson Annex School</b>	<b>10:00 AM</b>
<b>February 13</b>	<b>Valentine's Day Observance</b>	<b>All Day</b>
<b>February 13</b>	<b>Get a Different Name Day</b> <i>A playful way to try a new name</i>	<b>All Day</b>
<b>February 16</b>	<b>Center Closed– Presidents Day</b>	<b>All Day</b>
<b>February 20</b>	<b>Love Your Heart - Valentine's Day Wellness Event</b> <i>w/ Sarah Bombino, MPH, CHES</i>	<b>11:45 AM</b>
<b>February 23</b>	<b>Floral Design: Learn the Art of Flower Arrangements</b> <i>w/ Christine Wargacki, Metropolitan Plant Exchange</i> <b>Registrations required only 10 seats available</b>	<b>10:00 AM - 11:00 AM</b>

*The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act, and are available at no charge for Bergen County residents 60 years old and over.*



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.

**Caregivers Conference**

**Thursday, April 9th**  
**5:00 PM - 9:00 PM**  
**Bergen County Administration Building**  
**Multi-Purpose Room**



**To RSVP Call 201-336-7400 or**  
**Email [seniors@bergencountynj.gov](mailto:seniors@bergencountynj.gov)**






**SAVE THE DATE**

**Public Hearing**  
**on the**  
**Needs of Older Adults**

**Tuesday, May 12th**  
**8:30 AM - 11:30 AM**  
**Bergen County Administration Building**  
**Public Meeting Room (5th floor)**



**To RSVP Call 201-336-7417 or**  
**Email [seniors@bergencountynj.gov](mailto:seniors@bergencountynj.gov)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>2</div> <div>10:00 Knitting &amp; Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo</div> <div>Korean BBQ Chicken</div>	<div>3</div> <div>10:30 Chair Yoga 12:00 Diamond Art 12:00 <u>Movie</u></div> <div>Ham Steak with Pineapple</div>	<div>4</div> <div>8:00 Walmart Shopping 10:00 <u>Valentine's Day Project</u> 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</div> <div>Roast Turkey and Cheddar</div>	<div>5</div> <div>8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo</div> <div>Italian Meatballs</div>	<div>6</div> <div>10:00 <u>Paint &amp; Sip</u> 10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 12:00 Bingo</div> <div>Stuffed Cabbage</div>
<div>9</div> <div>10:00 Knitting &amp; Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo</div> <div>Salisbury Steak</div>	<div>10</div> <div>10:30 Chair Yoga 12:00 Diamond Art 12:00 <u>Movie</u></div> <div>Chicken Florentine</div>	<div>11</div> <div>8:00 Walmart Shopping 10:00 <u>Craft w/ Students</u> 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</div> <div>Chicken Cordon Bleu</div>	<div>12</div> <div>8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo</div> <div>Egg Salad Platter</div>	<div>13</div> <div>10:00 <u>Paint &amp; Sip</u> 10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 12:00 Bingo</div> <div>Chicken Parmesan</div>
<div>16</div> <div></div> <div>Center Closed</div>	<div>17</div> <div>10:30 Chair Yoga 12:00 Diamond Art 12:00 <u>Movie</u></div> <div>Sesame Chicken</div>	<div>18</div> <div>8:00 Walmart Shopping 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</div> <div>Cheese Omelet</div>	<div>19</div> <div>8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo</div> <div>Cheeseburger</div>	<div>20</div> <div>10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 11:45 <u>Love Your Heart Presentation</u> 12:15 Bingo</div> <div>Breaded Fish Filet</div>
<div>23</div> <div><u>Floral Design Day</u> 10:00 Knitting &amp; Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo</div> <div>Chicken Tikka Masala</div>	<div>24</div> <div>10:30 Chair Yoga 12:00 Diamond Art 12:00 <u>Movie</u></div> <div>Stuffed Peppers</div>	<div>25</div> <div>8:00 Walmart Shopping 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</div> <div>Sliced Pork Loin</div>	<div>26</div> <div>8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo</div> <div>Pot Roast</div>	<div>27</div> <div>10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 12:00 Bingo</div> <div>Seafood Salad</div>
<div></div>	<div></div>	<div></div>	<div>Continental Breakfast</div> <div>Bagels served On Fridays 9:00 AM - 11:30 AM</div> <div></div>	<div>Suggested Lunch Donation: \$1.25 Per Meal Please reserve lunch by 11:30 AM the day before</div> <div>Lunch will Be Served at 11:30 AM Daily</div>