



**James J. Tedesco, III**  
County Executive

**Board of County Commissioners**

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**Thomas J. Sullivan**

**Department of Human Services**

**Melissa H. DeBartolo, Esq.**  
Director

**Division of Senior Services**

**Lorraine Joewono**  
Director

**Key Telephone Numbers**

**Division of Senior Services**  
**Bergen ADRC (formerly NJ EASE)**

(201) 336-7400  
1-(877) 222-3737

**Meals on Wheels**  
(201) 336-7420

**Bergen County Housing Authority**  
(201) 336-7600

**Community Transportation**  
(201) 368-5955

**Division of Disability Services**  
(201) 336-6500

**Bergen County**  
**Board of Social Services**  
(201) 368-4200

**Wallington**  
**Senior Activity Center**

**Agata Dressler, Director**  
**24 Union Boulevard**  
**Wallington, NJ, 07057**  
**Phone: (201) 336-7497 • Fax: (973) 777-5134**

**wallingtoncenter@bergencountynj.gov**

**Open: Monday - Friday, 8:00AM - 3:30PM**



**BERGEN NEW JERSEY**  
*County*

James J. Tedesco III, County Executive



**Wallington Senior Activity Center**  
**Bergen County Department of Human Services**  
**Division of Senior Services/ADRC**  
**May 2026**



May 1	<b>May Day Celebration</b> Wear Your Flower Crown and Dance Away the Winter Blues	<b>11:00 AM</b>
May 5	<b>Cinco de Mayo Observance</b> Bring your Sombrero and we will bring Chips & Salsa	<b>10:00 AM</b>
May 5, 12, 19, 26	<b>Movies: <i>Private Benjamin, Overboard, Housesitter, The Out of Towners</i></b>	<b>12:15 PM</b>
May 7	<b>Volunteer Appreciation Day – Ice Cream Social</b> By invitation only	<b>12:15 PM</b>
May 8	<b>Mother’s Day Celebration</b> Pancake Breakfast	<b>10:00 AM</b>
May 11	<b>Time to Plant Our Herb Garden</b> Parsley, Basil, Cilantro, Rosemary, Thyme and more	<b>10:00 AM</b>
May 13	<b>Crafts with Kids from Jefferson Annex School</b> Let’s make bracelets	<b>10:00 AM</b>
May 25	<b>Center Closed – Memorial Day</b>	
May 29	<b>Presentation: Waste Not, Want Not – Practical Steps to Lowering Your Food Bill</b> w/ Christine Boi, Bergen County Division of Senior Services	<b>10:30 AM</b>



*The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act and are available at no charge for Bergen County residents 60 years old and over.*





Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.

**Bergen County Administration Building**  
**Commissioners Public Meeting**  
**Room – 5th Floor**  
**One Bergen County Plaza, Hackensack, NJ**

**Public Hearing on the Needs of Older Adults**

**Tuesday, May 12, 2026**  
**8:30 AM - 11:30 AM**

**To RSVP Call 201-336-7400**  
**or email seniors@bergencountynj.gov**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				<p><b>Continental Breakfast</b> <b>Monday-Friday</b> <b>9:00AM - 11:00AM</b></p>		<p><b>Suggested Lunch Donation:</b> \$1.25 Per Meal</p> <p><i>Please reserve lunch by 11:30AM the day before</i></p> <p><b>Lunch is served at 11:30AM daily</b></p>		<p><b>1</b> 10:00 Senior Fitness 10:00 Knitting &amp; Crocheting <b>11:00 May Day Celebration</b> 11:00 Informal Art-Painting 12:00 Bingo</p> <p><b>Chef Salad w/ Turkey</b></p>	
<p><b>4</b> 10:00 Knitting &amp; Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo</p> <p><b>Egg Salad Sandwich</b></p>		<p><b>5</b> <b>10:00 Cinco de Mayo Observance</b> 10:30 Chair Yoga 12:00 Diamond Art <b>12:00 Movie: Private Benjamin</b></p> <p><b>Ham &amp; Swiss</b></p>		<p><b>6</b> 8:00 Walmart Shopping 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</p> <p><b>Grilled Chicken Caesar Salad</b></p>		<p><b>7</b> 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo <b>12:15 Volunteer Appreciation Day Outing</b></p> <p><b>Seafood Salad on Spinach</b></p>		<p><b>8</b> <b>10:00 Mother's Day Breakfast</b> 10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 12:00 Bingo</p> <p><b>Breaded Chicken Cutlet</b></p>	
<p><b>11</b> <b>10:00 Planting Our Herb Garden</b> 10:00 Knitting &amp; Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo</p> <p><b>Turkey &amp; Cheddar</b></p>		<p><b>12</b> 10:30 Chair Yoga 12:00 Diamond Art <b>12:00 Movie: Overboard</b></p> <p><b>Roast Beef &amp; Provolone</b></p>		<p><b>13</b> 8:00 Walmart Shopping <b>10:00 Crafts with Kids</b> 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</p> <p><b>Chicken Salad Sandwich</b></p>		<p><b>14</b> 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo</p> <p><b>Breaded Chicken Cutlet</b></p>		<p><b>15</b> 10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 12:00 Bingo</p> <p><b>Tuna Noodle Salad</b></p>	
<p><b>18</b> 10:00 Knitting &amp; Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo</p> <p><b>Ham &amp; Swiss Cheese</b></p>		<p><b>19</b> 10:30 Chair Yoga 12:00 Diamond Art <b>12:00 Movie: Housesitter</b></p> <p><b>Egg Salad Sandwich w/ Spinach</b></p>		<p><b>20</b> 8:00 Walmart Shopping 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</p> <p><b>Korean BBQ Chicken Leg</b></p>		<p><b>21</b> 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo</p> <p><b>Roast Turkey &amp; Swiss Cheese</b></p>		<p><b>22</b> 10:00 Senior Fitness 10:00 Knitting &amp; Crocheting 11:00 Informal Art-Painting 12:00 Bingo</p> <p><b>Chef Salad w/ Turkey</b></p>	
<p><b>25</b></p> <p><b>Happy Memorial Day</b></p> <p><b>CENTER CLOSED</b></p>		<p><b>26</b> 10:30 Chair Yoga 12:00 Diamond Art <b>12:00 Movie: The Out of Towners</b></p> <p><b>Tuna Salad w/ Romaine</b></p>		<p><b>27</b> 8:00 Walmart Shopping 10:00 Knitting &amp; Crocheting 10:30 Exercise Class 12:15 Arts &amp; Crafts</p> <p><b>Grilled Chicken Caesar Salad</b></p>		<p><b>28</b> 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo</p> <p><b>Roast Beef &amp; Provolone</b></p>		<p><b>29</b> 10:00 Senior Fitness 10:00 Knitting &amp; Crocheting <b>10:30 Presentation: Waste Not, Want Not</b> 11:00 Informal Art-Painting 12:00 Bingo</p> <p><b>Roast Turkey &amp; Swiss</b></p>	