



James J. Tedesco, III
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Department of Human Services
Melissa H. DeBartolo, Esq.
Director

Division of Senior Services
Lorraine Joewono
Director

Key Telephone Numbers

Division of Senior Services
Bergen ADRC (formerly NJ EASE)
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

Bergen County
Board of Social Services
(201) 368-4200

Wallington Senior Activity Center

Agata Dressler, Director
24 Union Boulevard
Wallington, NJ, 07057
Phone: (201) 336-7497 • Fax: (973) 777-5134

wallingtoncenter@bergencountynj.gov

Open: Monday - Friday, 8:00AM - 3:30PM



BERGEN NEW JERSEY
County

James J. Tedesco III, County Executive



Wallington Senior Activity Center
Bergen County Department of Human Services
Division of Senior Services/ADRC
August 2026



August 4, 11, 18, 25	Movie Marathon: Indiana Jones movies all month long	12:15 PM
August 7	Root Beer Float Day Enjoy a root beer float at the Center	12:00 PM
August 10	Exploring the Myths of Aging w/ Harvy Silberstein, Bergen County Division of Senior Services	11:30 AM
August 12	Vinyl Record Day Bring your favorite vinyl records and enjoy an afternoon of music, memories, and great company!	11:00 AM
August 20	International Men's Day Day filled with games!	11:00 AM
August 26	Celebration: Women's Equality Day Celebrate Women's Equality Day by creating beautiful community artwork that honors the strength, resilience and achievements of women w/ Storytelling Open Mic – share a memory or life experience the has shaped who you are.	All Day
August 28 (rain date September 4)	Darlington Park Lake Day Enjoy lunch, fun activities and beautiful scenery by the lake. Time of return: 3:00 PM. Please note Center will be closed for the day, only Participants registered for the trip should report that day. <i>*Please register with Center staff by August 21</i>	9:00 AM Departure from the Center

The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act and are available at no charge for Bergen County residents 60 years old and over.



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.

RSVP

Or visit <https://forms.office.com/g/xLLWgs2cv6>

**SENIOR FESTIVAL**
THURSDAY, SEPTEMBER 24
(RAIN DATE TUESDAY, SEPTEMBER 29)
VAN SAUN COUNTY PARK

For more INFO
transport: **(201) 368-5955**
general questions: **(201) 336-7417**
email: **seniors@Bergencountynj.gov**

Contact

(201) 336-7497, Agata Dressler, Director

WALLINGTON SENIOR ACTIVITY CENTER

August 2026

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo	4	10:30 Chair Yoga 12:00 Diamond Art <u>12:00 Movie: Raiders of the Lost Ark</u>	5	8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts	6	8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo	7	10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting <u>11:30 Root Beer Float Day</u> 12:00 Bingo
Chicken Scampi		Pork Loin w/ Apple Cinnamon Glaze		Vegetable Lasagna		Roast Turkey & Cheddar Cheese		Homestyle Meatloaf w/ Gravy	
10	10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold <u>11:30 Presentation: Exploring the Myths of Aging</u> 12:00 Bingo	11	10:30 Chair Yoga 12:00 Diamond Art <u>12:00 Movie: Indiana Jones and the Temple of Doom</u>	12	8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class <u>11:00 Vinyl Record Day</u> 12:15 Arts & Crafts	13	8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo	14	10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo
Stuffed Cabbage		Chicken Tikka Masala		Roast Beef & Provolone		Ham Steak w/ Pineapple		BBQ Chicken Leg	
17	10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo	18	10:30 Chair Yoga 12:00 Diamond Art <u>12:00 Movie: Indiana Jones and Last Crusade</u>	19	8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts	20	8:00 ShopRite Shopping 10:30 Chair Yoga <u>11:00 International Men's Day</u> 12:00 Chair Flow Exercise 12:00 Bingo	21	10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo
Stuffed Peppers		Egg Salad w/ Lettuce & Tomato		Beer Battered Cod		Beef & Broccoli		Chicken Cordon Bleu	
24	10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo	25	10:30 Chair Yoga 12:00 Diamond Art <u>12:00 Movie: Indiana Jones and the Kingdom of the Crystal Skull</u>	26	8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts <u>All Day: Women's Equality Day Celebration</u>	27	8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo	28	<u>9:00 Darlington Park Lake Day</u>
Pot Roast w/ Gravy		Chicken Parmesan		Baked Herbed Chicken		Tuna Salad w/ Lettuce & Tomato		CENTER CLOSED	
31	10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo	Continental Breakfast Monday-Friday 9:00AM - 11:00AM 		Suggested Lunch Donation: \$1.25 Per Meal <i>Please reserve lunch by 11:30AM the day before</i> Lunch is served at 11:30AM daily		 August National Wellness Month			
Cheeseburger w/ Lettuce & Tomato									