



James J. Tedesco, III
County Executive

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Melissa H. DeBartolo, Esq.
Director

Division of Senior Services
Lorraine Joewono
Director

Key Telephone Numbers

Division of Senior Services
Bergen ADRC (formerly NJ EASE)
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

Bergen County
Board of Social Services
(201) 368-4200

Wallington Senior Activity Center

Agata Dressler, Director
24 Union Boulevard
Wallington, NJ, 07057
Phone: (201) 336-7497 • Fax: (973) 777-5134

wallingtoncenter@bergencountynj.gov

Open: Monday - Friday, 8:00AM - 3:30PM



BERGEN NEW JERSEY
County
James J. Tedesco III, County Executive



Wallington Senior Activity Center
Bergen County Department of Human Services
Division of Senior Services/ADRC
September 2026

Sept 1, 8, 15, 22, 29	Movies: <i>Mission Impossible</i> I, II, III, IV, V	12:00 PM
Sept 7	Labor Day – Center Closed	All Day
Sept 9	Presentation: Do You Love the Right Food? w/ Stephanie Sass MS, RD, ShopRite Dietitian	11:00 AM
Sept 11	9/11 Moment of Silence A brief moment of silence will be observed in remembrance of 9/11 to honor the lives lost and the heroes of that day	9:00 AM
Sept 14	Presentation: Depression Myths w/ Harvey Silberstein, Bergen County Division of Senior Services	11:30 AM
Sept 17	Presentation: POW/MIA w/ Shaun Hutchinson, Director, Bergen County Division of Veterans Services	11:30 AM
Sept 23	PAS-1 Help Session – 2025 Property Tax Relief Get help filling out the “Blue Book”	10:00 AM
Sept 24	Annual Senior Festival at Van Saun Park Rain Date: Tuesday, Sept 29 Registration required by Sept 11	10:00 AM
Sept 30	Presentation: Medicare Patrol – Fraud Prevention w/ Joel Schneider, Senior Medicare Patrol of New Jersey	11:30 AM

The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act and are available at no charge for Bergen County residents 60 years old and over.



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.

RSVP **SENIOR FESTIVAL** **For more INFO**
THURSDAY, SEPTEMBER 24
(RAIN DATE TUESDAY, SEPTEMBER 29)
VAN SAUN COUNTY PARK transport: **(201) 368-5955**
general questions: **(201) 336-7417**
email: **seniors@Bergencountynj.gov**
Or visit **<https://forms.office.com/g/xLLWgs2cv6>**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested Lunch Donation: \$1.25 Per Meal <i>Please reserve lunch by 11:30AM the day before</i> Lunch is served at 11:30AM daily	1 10:30 Chair Yoga 12:00 Diamond Art <u>12:00 Movie: <i>Mission Impossible I</i></u> Ham Steak w/ Pineapple	2 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts Korean BBQ Chicken Leg	3 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Seafood Salad over Spinach	4 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00Bingo Roast Turkey w/ Gravy
7  CENTER CLOSED	8 10:30 Chair Yoga 12:00 Diamond Art <u>12:00 Movie: <i>Mission Impossible II</i></u> Stuffed Cabbage	9 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class <u>11:00 Presentation: Do You Love The Right Food?</u> 12:15 Arts & Crafts Italian Meatballs	10 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Tuna Noodle Salad over Romaine	11 <u>9:00 9/11 Moment of Silence</u> 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo Chicken with Pineapple
14 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold <u>11:30 Presentation: Depression Myths</u> 12:00 Bingo BBQ Pulled Pork Sandwich	15 10:30 Chair Yoga 12:00 Diamond Art <u>12:00 Movie: <i>Mission Impossible III</i></u> Fish w/ Lemon Dill Sauce	16 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts Egg Salad Sandwich	17 8:00 ShopRite Shopping 10:30 Chair Yoga <u>11:30 Presentation: POW / MIA</u> 12:00 Chair Flow Exercise 12:00 Bingo Homestyle Meatloaf w/ Gravy	18 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo Sweet & Sour Chicken
21 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo Roast Beef w/ Gravy	22 10:30 Chair Yoga 12:00 Diamond Art <u>12:00 Movie: <i>Mission Impossible IV</i></u> Cheese Omelet	23 8:00 Walmart Shopping <u>10:00 PSA-1 Help Session</u> 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts Chicken Cacciatore	24 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Annual Senior Festival at Van Saun Park Cheeseburger w/ Lettuce & Tomato	25 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo Chicken Salad Sandwich
28 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Bingo Chicken Florentine	29 10:30 Chair Yoga 12:00 Diamond Art <u>12:00 Movie: <i>Mission Impossible V</i></u> Stuffed Peppers	30 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class <u>11:30 Presentation: Medicare Patrol – Fraud Prevention</u> 12:15 Arts & Crafts Roast Beef w/ Provolone	 HISPANIC HERITAGE MONTH	Continental Breakfast Monday-Friday 9:00AM - 11:00AM 