



James J. Tedesco, III
County Executive

Board of County Commissioners

Steven A. Tanelli
Chairman

Tracy Silna Zur
Vice Chairwoman

Dr. Joan M. Voss
Chair Pro Tempore

Mary J. Amoroso

Rafael Marte

Germaine M. Ortiz

Thomas J. Sullivan

Department of Human Services
Melissa H. DeBartolo, Esq.
Director

Division of Senior Services
Lorraine Joewono
Director

Key Telephone Numbers

Division of Senior Services
Bergen ADRC (formerly NJ EASE)
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

Bergen County
Board of Social Services
(201) 368-4200

Wallington Senior Activity Center

Agata Dressler, Director
24 Union Boulevard
Wallington, NJ, 07057
Phone: (201) 336-7497 • Fax: (973) 777-5134

wallingtoncenter@bergencountynj.gov

Open: Monday - Friday, 8:00AM - 3:30PM



BERGEN NEW JERSEY
County

James J. Tedesco III, County Executive



Wallington Senior Activity Center
Bergen County Department of Human Services
Division of Senior Services/ADRC
October 2026

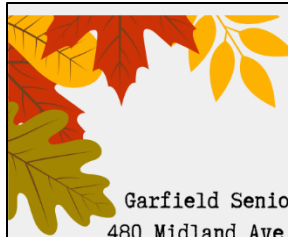


Oct 5,19,26	Class: Witch Dance Learn the Witch Dance in time for our Halloween performance	12:30 PM
Oct 6, 13, 20, 27	Movies <i>Poltergeist, The Shining, Hocus Pocus, Sleepy Hollow</i>	12:15 PM
Oct 7	Activity: Cake Decorating Join the Senior Activity Center staff in decorating some delicious homemade cakes	12:15 PM
Oct 12	Indigenous Peoples' Day & Columbus Day – Center Closed	ALL DAY
Oct 16	Trip to Demarest Farm	12:15 PM
Oct 20	Arts & Crafts: Lavender Art w/ Agata Halat, Bergen County Division of Senior Services	9:30 AM
Oct 21	Presentation: Green City Day – Earth's Problems, Humanity's Solution w/ Laura Jean Checki, Bergen County Department of Health Services – Environmental Protection	11:45 AM
Oct 26	Presentation: Beat the Cold w/ Harvy Silberstein, Bergen County Division of Senior Services	11:30 AM
Oct 30	Performance: Witch Dance	12:15 PM

The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act and are available at no charge for Bergen County residents 60 years old and over.



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.



Thanksgiving Luncheon

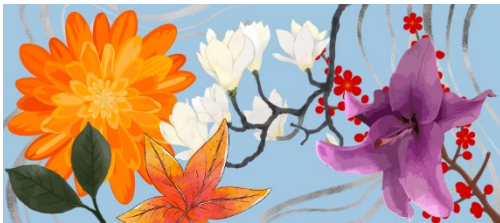
THURSDAY, NOV. 26, 2026
10:00AM - 2:00PM
(RSVP BY NOV. 19)

Garfield Senior Activity Center
480 Midland Ave, Garfield NJ 07026

To RSVP call (973) 478-0502
or email seniors@bergencountynj.gov

WALLINGTON SENIOR ACTIVITY CENTER

October 2026

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Continental Breakfast Monday-Friday 9:00AM - 11:00AM 		Suggested Lunch Donation: \$1.25 Per Meal Please reserve lunch by 11:30AM the day before Lunch is served at 11:30AM daily		18:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Eggplant Rollatini w/ Meatballs	210:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo Bratwurst w/ Sauerkraut
510:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Witch Dance Practice Fish w/ Lemon Caper Sauce		610:30 Chair Yoga 12:00 Diamond Art 12:00 Movie: Poltergeist Ham Steak w/ Pineapple	78:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts 12:15 Activity: Cake Decorating Italian Turkey Sausage	88:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Seafood Salad Platter w/ Spinach	910:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo Ginger Soy Chicken
12 CENTER CLOSED		1310:30 Chair Yoga 12:00 Diamond Art 12:00 Movie: The Shining Homestyle Meatloaf w/ Gravy	148:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts Chicken Tikka Masala	158:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Tuna Noodle Salad over Romaine	1610:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo 12:15 Trip to Demarest Farm Korean BBQ Chicken Leg
1910:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 12:00 Witch Dance Practice Roast Turkey w/ Gravy		209:30 Arts & Crafts: Lavender Art 10:30 Chair Yoga 12:00 Diamond Art 12:00 Movie: Hocus Pocus Chicken Marsala	218:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 11:45 Presentation: Green City Day 12:15 Arts & Crafts Breaded Pork Chop w/ Gravy	228:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Stuffed Cabbage	2310:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:00 Bingo Egg Salad Sandwich
2610:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 11:30 Presentation: Beat the Cold 12:00 Witch Dance Practice Cheese Omelet		2710:30 Chair Yoga 12:00 Diamond Art 12:00 Movie: Sleepy Hollow Beef Chili Con Carne	288:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 12:15 Arts & Crafts Turkey and Swiss w/ Lettuce & Tomato	298:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:00 Bingo Chicken Cordon Bleu	3010:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 12:15 Performance: Witch Dance 12:15 Bingo  Chicken Parmesan