James J. Tedesco, III
County Executive

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Melissa H. DeBartolo, Esq.
Director

Division of Senior Services
Lorraine Joewono
Director

Key Telephone Numbers

Division of Senior Services
Bergen ADRC (formerly NJ EASE)
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

Bergen County
Board of Social Services
(201) 368-4200

Wallington Senior Activity Center

Agata Dressler, Director
24 Union Boulevard
Wallington, NJ, 07057
Phone: (201) 336-7497 • Fax: (973) 777-5134

wallingtoncenter@bergencountynj.gov

Open: Monday - Friday, 8:00AM - 3:30PM

The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act and are available at no charge for Bergen County residents 60 years old and over.

SAFE ZONE

Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.

BERGEN NEW JERSEY County

James J. Tedesco III, County Executive

Wallington Senior Activity Center
Bergen County Department of Human Services
Division of Senior Services/ADRC
November 2026

Nov 3	**Election Day – Center Closed**	**ALL DAY**
Nov 5	**Presentation: SHIP Medicare Open Enrollment** w/ Zaria Evans, Bergen County Division of Senior Services	**11:45 AM**
Nov 6	**National Men Make Dinner/ Serve Lunch Day**	**11:30 AM**
Nov 9	**Presentation: Exploring the Myths of Aging – Part II** w/ Harvey Silberstein, Bergen County Division of Senior Services	**11:45 AM**
Nov 10, 17 & 24	**Movies: *The League of Extraordinary Gentlemen, Cocktail, A Few Good Men***	**12:15 PM**
Nov 11	**Veterans Day – Center Closed**	**ALL DAY**
Nov 18	**Crafts: Thanksgiving Turkey Art** w/ Students from Jefferson Annex School	**9:30 AM**
Nov 18	**Presentation: Healthy Aging** w/ Linda Lembo MSN, RN, VA-BC	**11:45AM**
Nov 19	**International Men's Day – It's Game Day!**	**ALL DAY**
Nov 23	**Presentation: Healthy Holidays** w/ Stephanie Sass MS, RD, ShopRite of Wallington	**11:45 AM**
Nov 26, 27	**Thanksgiving Break – Center Closed**	**ALL DAY**

Thanksgiving Luncheon

THURSDAY, NOV. 26, 2026
10:00AM - 2:00PM
(RSVP BY NOV. 19)

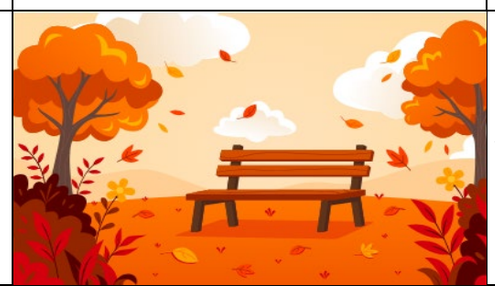
Garfield Senior Activity Center
480 Midland Ave, Garfield NJ 07026

To RSVP call (973) 478-0502
or email seniors@bergencountynj.gov

(201) 336-7497, Agata Dressler, Director

WALLINGTON SENIOR ACTIVITY CENTER

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 11:30 Lunch 12:00 Bingo Stuffed Cabbage	**3**  CENTER CLOSED	**4** 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 11:30 Lunch 12:15 Arts & Crafts Homestyle Meatloaf w/ Mushroom Gravy	**5** 8:00 ShopRite Shopping 10:30 Chair Yoga 11:30 Lunch **11:45 Presentation: SHIP Medicare Open Enrolment** 12:00 Chair Flow Exercise 12:00 Bingo Tuna Salad Sandwich	**6** 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 11:30 Lunch **11:30 National Men Make Dinner/ Serve Lunch Day** 12:00 Bingo Chicken Florentine
9 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 11:30 Lunch **11:45 Presentation: Exploring the Myths of Aging – Part II** 12:00 Bingo Sliced Pork Loin w/ Apple Cinnamon Glaze	**10** 10:30 Chair Yoga 11:30 Lunch 12:00 Diamond Art **12:15 Movie: *The League of Extraordinary Gentlemen*** Chicken Fajitas	**11**  CENTER CLOSED	**12** 8:00 ShopRite Shopping 10:30 Chair Yoga 11:30 Lunch 12:00 Chair Flow Exercise 12:00 Bingo Baked Herbed Chicken Leg	**13** 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 11:30 Lunch 12:00 Bingo Turkey and Swiss Cheese
16 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 11:30 Lunch 12:00 Bingo Chicken Parmesan	**17** 10:30 Chair Yoga 11:30 Lunch 12:00 Diamond Art **12:15 Movie: *Cocktail*** Egg Salad with Lettuce & Tomato	**18** 8:00 Walmart Shopping **9:30 Crafts: Thanksgiving Turkey Art** 10:00 Knitting & Crocheting 10:30 Exercise Class 11:30 Lunch **11:45 Presentation: Healthy Aging** 12:15 Arts & Crafts Lemon Pepper Tilapia	**19** 8:00 ShopRite Shopping 10:30 Chair Yoga 11:30 Lunch 12:00 Chair Flow Exercise 12:00 Bingo **International Men's Day** Sweet & Sour Chicken	**20** 10:00 Senior Fitness 10:00 Knitting & Crocheting 11:00 Informal Art-Painting 11:30 Lunch 12:00 Bingo Cheeseburger w/ Lettuce and Tomato
23 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 11:30 Lunch **11:45 Presentation: Healthy Holidays** 12:00 Bingo Korean BBQ Chicken Leg	**24** 10:30 Chair Yoga 11:30 Lunch 12:00 Diamond Art **12:00 Movie: *A Few Good Men*** Cheese Omelet	**25** 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Exercise Class 11:30 Lunch 12:15 Arts & Crafts Ham Steak w/ Pineapple	**26** *Thanksgiving Luncheon* GARFIELD SENIOR ACTIVITY CENTER 10AM-2PM REGISTRATION REQUIRED PLEASE CALL (973) 478-0502 CENTER CLOSED	 CENTER CLOSED
30 10:00 Knitting & Crocheting 10:00 Diamond Art 10:15 Zumba Gold 11:30 Lunch 12:00 Bingo Eggplant Rollatini w/ Italian Meatballs	National Alzheimer's Disease Awareness Month 		**Suggested Lunch Donation:** **$1.25 Per Meal** ***Please reserve lunch by 11:30AM the day before*** **Lunch is served at 11:30AM daily**	**Continental Breakfast** **Monday-Friday** **9:00AM - 11:00AM** 